

Hello and Welcome to your September PRE-OP BIRDS e-bulletin

RECRUITMENT

We recruited **11** participants again this month so another WELL DONE everyone!

This gives us a grand total of **24**



RECRUITMENT NEWS

As well as the participants recruited (as detailed above) the total of health care professionals recruited is now **10** which counts towards our overall recruitment total.

Therefore a big thank you to everyone involved who has agreed to take part.

MONITORING VISITS

As part of our agreed monitoring plan, we will be carrying out monitoring visits once you have recruited your first 10 participants. We will contact you once you hit this trigger to arrange a suitable date.

REMINDERS

- ◆ Many thanks to everyone who has sent us their screening logs for the data monitoring committee. Please continue to record as much detail as possible and send to the trial team on or about 20th of each month so we can check why participants, who meet the initial eligibility criteria, are not taking part in the study.
- ◆ Please ensure your consent forms and eligibility checklists are sent regularly to the trial management team, which as you know are required as part of our central monitoring process
- ◆ Could you please let Ellen know when an intervention session has been audio recorded.

THANK YOU

for all your help
Best Wishes
from your Pre-OP Birds Study team

Please don't hesitate to contact us if you have any queries

TRIAL MANAGEMENT CONTACT DETAILS:

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